

Houston Congregate

Galveston County 2016 Final Menu

September

			Thursday 9/1/2016	Friday 9/2/2016
			Breaded Fish Macaroni and Cheese Spring Vegetables Wheat Roll Fresh Orange Milk Tartar Sauce Diet - Same	Labor Day Hamburger Patty Shredded Lettuce/Pickles Baked Beans Hamburger Bun Apple Cobbler Milk Mustard and Catsup Diet - Spiced Apples
Monday 9/5/2016	Tuesday 9/6/2016	Wednesday 9/7/2016	Thursday 9/8/2016	Friday 9/9/2016
Closed for Holiday	Beef with Mushroom Gravy Whipped Potatoes^ Diced Beets Wheat Bread Nutty Buddy Bar Milk Diet - Same	Chicken and Sausage Jambalaya Black-Eyed Peas Spinach Cornbread Fresh Fruit Milk Margarine Diet - Same	Beef Taco Pinto Beans Sliced Carrots Flour Tortilla Sliced Peaches Milk Taco Sauce Diet - Same	Chicken Salad Pasta Salad Tomato Spoon Relish Saltine Crackers Strawberry Shortcake Milk Diet - Cake
Monday 9/12/2016	Tuesday 9/13/2016	Wednesday 9/14/2016	Thursday 9/15/2016	Friday 9/16/2016
Beef Burgundy Cheesy Garlic Polenta~ Peas and Carrots Wheat Bread Fresh Fruit Milk Diet - Same	King Ranch Casserole Mexican Rice Broccoli Wheat Roll Fresh Fruit Milk Diet - Same	Meatloaf Brown Gravy Oven Roasted Potatoes Capri Vegetables Wheat Bread Chocolate Pudding^ Milk Diet - Chocolate Pudding^	BBQ Pork Rib Patty+ Baked Beans Stewed Tomatoes Dinner Roll Chocolate Cake White Frosting^ Milk Diet - Cake	Beef Chili with Beans Whole Kernel Corn Collard Greens Cornbread Fresh Fruit Milk Margarine Diet - Same
Monday 9/19/2016	Tuesday 9/20/2016	Wednesday 9/21/2016	Thursday 9/22/2016	Friday 9/23/2016
Creole Pork+ Lima Beans Broccoli and Cauliflower Wheat Roll Fresh Fruit Milk Diet - Same	Cheesy Beef Macaroni Dilled Carrots Diced Beets Whole Wheat Breadstick Fresh Fruit Milk Diet - Same	Baked Chicken Breast w/Gravy Confetti Rice Green Beans Wheat Bread Pineapple Tidbits Milk Diet - Same	Beef Stew~ Black-Eyed Peas Cabbage Cornbread Fresh Banana Milk Margarine Diet - Same	Smoked Sausage* Potato Salad Ranch Beans Hot Dog Bun Peach Cobbler Milk Mustard Diet - Spiced Peaches
Monday 9/26/2016	Tuesday 9/27/2016	Wednesday 9/28/2016	Thursday 9/29/2016	Friday 9/30/2016
Swiss Steak Whipped Potatoes Mixed Vegetables Wheat Bread Fresh Orange Milk Diet - Same	Sesame Chicken Fried Rice Squash/Zucchini/Tomato Dinner Roll Pound Cake Milk Diet - Cake	Turkey Gumbo* Lentils Medley Cabbage Cornbread Fresh Fruit Milk Margarine Diet - Same	Tuna Macaroni Salad Carrot Raisin Salad Cold Pickled Beets Saltine Crackers Oatmeal Cream Cookie Milk Diet - Same	Ranchero Beef~ Hominy Green Beans Wheat Roll Vanilla Pudding^ Milk Diet - Vanilla Pudding^

^ - Contains Sulfites
 *- Turkey
 + - Pork
 ~ - New Menu Item